



Dear Parents and Carers,

HEALTH RELATED BEHAVIOUR QUESTIONNAIRE (HRBQ) 2020 for YEAR 5 and YEAR 6

Our school is one of 30 primary schools in Islington that is participating in a very important Health Behaviour Questionnaire that Islington Council is conducting. It is also taking place in Camden primary schools. A similar questionnaire was completed in Islington in 2015 and 2017.

What is the HRBQ?

It is an anonymous questionnaire that covers key health and wellbeing topics, in an age appropriate way. These include;

- School
- Emotions and how children feel
- Bullying and safety
- Home and family
- Health, hygiene and growing up
- Physical activity and diet
- Smoking, alcohol and drugs
- Being online and social media

The questionnaire has been developed with Islington and the Schools Health Education Unit in Exeter which has been providing questionnaires to schools for more than 40 years.

Each questionnaire is both anonymous and confidential, and no pupil will be identified either when the data is collected or when the report is sent to your school. Camden Council will receive a copy of our school's individual report for strategic monitoring and planning purposes.

Why are we taking part?

We will benefit substantially through our participation and the results will help us understand better how to improve children's health and wellbeing.

The data will also help Islington Council better understand the health needs of children to help improve services and support to schools, children and families.

Next steps

I hope you will agree with us that this is an excellent opportunity that will benefit our pupils and would wish us to participate. However if you do not wish your child to take part, please let Kirstie Stroud know. We will assume you have no objections unless we hear otherwise.

As part of the questionnaire it will be helpful if your son/daughter knows the first 4 digits of their postcode which is used for drawing maps of the results within a large geographical area without identifying any streets or houses.

We are planning to do the questionnaire between 14th and 16th October 2020.

Privacy Notice – school surveys



1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. www.sheu.org.uk

2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.



BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.

9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.