

Subject statement for PE

Subject:	Physical Education	
Aims:	<p>At Duncombe our aim is to provide a high quality physical education which serves as a vehicle through which children develop crucial skills and attributes for the modern world. Our curriculum provides pupils with ample opportunities to progress towards becoming a well-balanced individual equipped for lifelong participation in sport who also practises a healthy lifestyle.</p> <p>In line with the National Curriculum, P.E. at Duncombe seeks to ensure that, as far as possible, all pupils participate in a broad range of P.E. activities. They show progression over time in physical activities and decision making. Not only will pupils engage in competitive sports, but that they are able to do so for sustained periods of time. That they are active beyond school and live healthy lifestyles, especially with regard to nutrition and exercise.</p> <p>PE planning is based on the National Curriculum scheme of work and is adapted to the needs of the school. At Duncombe this includes targeted programmes focused on addressing pupil obesity and structured inclusion of children with special educational needs. PE lessons are guided by long, medium and individual lesson plans which ensure that a dynamic and varied curriculum is delivered across the school.</p>	
Progression ensuring skills and knowledge:	<p>PE at Duncombe follows the Head (thinking), Hands (engaging in exercise) and Heart (behavioural change) policy in line with national objectives and therefore adopts a holistic approach to the teaching and delivery of PE.</p>	
	End of KS1	End of KS2
	<u>Thinking Physical Being</u>	<u>Thinking Physical Being</u>
	<p>Decision maker Analytical deep understanding Confident Creative</p>	<p>Has learnt a broad range of skills and applies them to actions and sequences of movement. Knows how to improve in physical activities and sport. Has learnt to evaluate their own performance and make improvements.</p>
	<u>Changes in Behaviour</u>	<u>Changes in Behaviour</u>
<p>Involved and engaged Social and emotional growth Character building & values A healthy, active lifestyle</p>	<p>They continue participating in sport and activities at school and in the wider community. They communicate and strategize, collaborating when competing.</p>	
<u>Active Physical Being</u>	<u>Active Physical Being</u>	
<p>Physically competent Grows and develops Physically active Competitive</p>	<p>Progression is ongoing, they continue to apply and develop a broad range of skills. They develop flexibility, strength, technique, control and balance.</p>	
Learning Experiences:	<p>At Foundation Level the objectives match the Early Learning Goals which underpin planning for the ages 3-5. Their activities seek to develop confidence and control with regard to movement and the way they manage equipment. Pupils, despite their age, receive appropriate physical challenges indoors and out and teachers are provided with a wide range of resources to support development. In Key Stage 1 we teach compulsory dance, games and gymnastics as well as outdoor and adventurous activities. In Key Stage 2 we teach compulsory dance, games and gymnastics and provide three additional activities: swimming and water safety, athletics and outdoor and adventurous activities.</p> <p>Pupils have access to managed sporting activities in all play and lunchtimes as adults have been trained to deliver activities. We have a 'Daily Mile' course for children to complete each day.</p>	

	<p>Children attend a broad range of intra and inter school challenges from football to athletics.</p> <p>We run a number of after school sporting clubs such as Ice Skating, Games and football.</p> <p>We have a targeted dance club for girls who are reluctant participants and are in need of exercise.</p> <p>We host a school sports day in which every child participates in a range of exciting activities.</p>
<p>Skills: (characteristics of effective learning)</p>	<p>Engagement: PE at Duncombe is inclusive, and all children are engaged in active movement throughout a session. Children will be challenged to have a go at a range of different sports and physical activities, including those that may be new and unknown to them.</p>
	<p>Motivation: PE lessons will involve competitive elements where children will need to work together to achieve a common goal. Pupils will build on skills week on week and persevere to meet personal targets. Older children will be given the opportunity to compete against other schools in tournaments. Each year children will compete at Sports Day and celebrate their athletic progress.</p>
	<p>Thinking: Children will learn to adopt different strategies for different sports, and work with others towards an end goal. Children will be encouraged to reflect on the benefits of physical activity and a healthy lifestyle.</p>
<p>Resources used:</p>	<p>We have three halls in use for the teaching of P.E. and the playgrounds are also often used. We use the gym designed for early years and another for Key Stage 2. We have an astroturf dedicated for ball games and we have managed activities running every lunch hour.</p> <p>We have a well-stocked resource cupboard with hoops, cones, balls etc. Access to the cupboard is restricted. Every staff member has been assigned equipment to run a playground activity and staff keep their equipment in their rooms and are personally responsible for it.</p> <p>We hire the local sports field and facilities from the council for whole school events or large scale activities.</p>