








Subject statement for PE

Subject:		Physical Education	
Aims:		<p>At Duncombe, we see PE as an integral part of every student's time at school. We aim to not only develop children's core and fundamental skills, but to also offer opportunities and pathways to students who excel in particular activities, with the aim of creating lifelong hobbies and interests. We also aim to develop the ability and confidence of those who are working below the level of any of their targets according to the National Curriculum aims and subject content.</p> <p>PE planning is based on the National Curriculum and is adapted to the needs of the school. At Duncombe, this includes targeted programmes focused on addressing pupil obesity and structured inclusion of children with special educational needs.</p>	
		<p>At Foundation Level the objectives match the Early Learning Goals which underpin planning for the ages 3-5. Their activities seek to develop confidence and control with regard to movement and the way they manage equipment. Pupils, despite their age, receive appropriate physical challenges and teachers are provided with a wide range of resources to support development.</p> <p>In Key Stage 1 – Students take part in a wide range of lessons in order to fully cover the National Curriculum's aims and targets. There is a focus on fundamental gross motor skills and handling of sports equipment. Invasion Games, Striking & Fielding Games, Bat & Ball Games, Throwing & Catching Games, Athletics and Gymnastics are just some of the units covered in KS1.</p> <p>In Key Stage 2 – Students in KS2 continue to build upon the fundamental skills developed in KS1 but are introduced to new games/activities and different challenges within their lessons. These increase the focus on their teamwork skills, and also encourage creativity and leadership skills when planning and using tactics. Students continue to take part in Invasion Games, Striking & Fielding Games, Athletics and Gymnastics lessons, but are now introduced to Net & Wall Games, Swimming, Outdoor and Adventurous Activities and Dance lessons.</p>	
Learning Experiences:		<p>Pupils have access to managed sporting activities in all play and lunchtimes as adults have been trained to deliver activities.</p> <p>We have a 'Daily Mile' course for all children to complete each day.</p> <p>Duncombe participates in local competitions and events, allowing our students the chance to compete against other school teams and in different sports venues outside of school.</p> <p>We offer students the opportunity to take part in sport focused afterschool clubs, such as gymnastics, dance, KS1 Sports, and more.</p> <p>We host a targeted fitness club every week afterschool to help children who struggle with their fitness to be more active and healthy.</p> <p>We host a breakfast club for our students, in which there is a sports session before the normal school day starts.</p> <p>We compete in the Islington Primary School Football League every week, with our girls' and boys' teams.</p> <p>We host a school sports day in which every child participates in a range of exciting activities.</p>	
School values:		<div></div>	<div><p>Ambition</p></div> <p>Children develop ambition in PE through playing a range of competitive games which develop in sophistication incrementally through the school to build upon attacking and defending skills.</p>
		<div><p>Self-Esteem</p></div> <p>Children complete the daily mile and measure their improvement in speed which develops and raises children's self-esteem. At Duncombe, we recognise that being active as part of a healthy life style helps individuals to feel happier. Adults model positive attitudes towards exercise. Children are set individual goals and challenges targeted for their ability in order not only increase their skills, but to also help their confidence and well-being.</p>	

	 Perseverance	<p>Children learn that it takes many hours of practice to learn a new skill. Weekly lessons with specialists help children to develop those skills through the year. Pupils will build on skills week on week and persevere to meet personal targets. Older children will be given the opportunity to compete against other schools in tournaments. Each year children will compete at Sports Day and celebrate their athletic progress.</p>
	 Independence	<p>Children will develop concentration and focus when learning new skills and techniques during their PE lessons. They will learn that they have to work hard to make progress and know that through continued practise they will become more independent.</p>
	 Respect	<p>Children learn to show respect for the resources that they use during PE lessons. They learn to respect and take care of their bodies by taking part in regular exercise and they develop respect for each other when playing team sports. PE lessons will involve competitive elements where children will need to work together to achieve a common goal.</p>
	 Enthusiasm	<p>Children show positive attitudes towards exercise and clearly look forward to their lessons with the specialist PE teacher. PE at Duncombe is inclusive, and all children are engaged in active movement throughout a session. Children will be challenged to have a go at a range of different sports and physical activities, including those that may be new and unknown to them.</p>
Resources used:	<p>We have a PE specialist at our school who leads all of the Sports and Games part of the curriculum.</p> <p>We have subscribed to GetSet4PE – which provides a scheme of work we use mostly for our Dance and Gymnastics sessions.</p> <p>We have an Astroturf pitch dedicated to ball games and we have staff and pupil managed activities running every lunchtime.</p> <p>We have two halls that we mostly use to conduct our Dance and Gymnastics lessons, with one of the halls storing Gymnastics equipment such as mats, apparatus, springboard, etc. We also have the option of using these halls when the weather outside isn't safe for PE.</p> <p>We have a well-stocked PE shed with hoops, cones, balls, and every other essential piece of equipment needed to facilitate the teaching of the National Curriculum in PE. Every staff member has been assigned equipment to run a playground activity, and students are encouraged to take part in these activities.</p> <p>We hire the local sports field and facilities from the council for whole school events or large-scale activities such as our Sports Day.</p>	