

vocabulary ladder

In year	Taught following the Islington scheme of work You, Me and PSHE. Taught as part of whole school actions-Anti-bullying week-Children in Need Taught in cross curriculum links with Science, P.E and ICT.				
Year 6	 Global citizenship, Children's Universal Rights, Group dynamics, Role-modelling, Anti-social behaviour Perceptions of normality, Disability, Empathy, Inclusion, Exclusion Recognition, Evaluating Personal responsibility, Substances, Exploitation, Gangs, Managing stress Mental health, Sources of support, Control, Power Body image, Physical attraction, Consent, Sexting 				
Year 5	 Aspirations, National citizenship, Conflict, Vote, Participation Cultural diversity, Racism, Rumours, Material wealth, Respecting culture Financial success, Long-term, Charity Vaping, Emergency aid, Body image, Relationships with food, Healthy choices Self-recognition, Self-esteem, Online communities, Gaming, Gambling, Grooming Self-image, Media influence, Puberty, Conception, IVF 				
Year 4	 Democracy, Motivation, Class Citizen, Voice, Peer pressure Judgment, Appearance, Acceptance, Influences, Impressions Disappointment, Overcoming, Resilience, Positive attitude Healthy friendships, Smoking, Alcohol, Inner strength, Assertiveness Jealousy, Love/loss, Memories, relationships Being unique, Body changes, Transition, Accepting change 				
Year 3	 Goals, self-worth, Positivity, Challenges, Perspectives Diverse families, Family conflict, Child-centred, Compliments, Witness, Solutions Ambitions, Enthusiasm, Managing feelings, Budgeting Food labelling, Healthy choices, Online safety, Offline safety Roles, Negotiation, Diverse lives, Impact Internal, External, Needs 				















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- Hope, Fear, Fair, Valuing Contributions, Choices
- Assumptions, Stereotypes, Gender, Gender diversity
- Realistic, Strengths, cooperation, Contributing
- Relaxation, Nutrition, Lifestyle
- Boundaries, Secrets, Trust, Appreciation
- Life cycles (plants), Young, Old, Independence

Year 1

- Special, Safe, Community, Consequences, Rewards
- Similarities, Differences, Bullying, Celebrating
- Success, Achievement, learning styles, overcoming obstacles
- Medicine, Medication, Road safety
- Belonging, Physical contact, Preferences, Celebrations
- Life cycles (animal/human), Male, Female, Changes

Recept ion

- Myself, Feelings, Being gentle, Rights, Responsibilities
- Talents, Families, Home, Friends, Standing up for myself
- Challenges, Perseverance, Jobs, Help
- Exercise, Healthy food, Physical activity, Sleep, Clean
- Family life, Friendship, Falling out
- Bodies, Respecting my body, Fun, Fears, Growth

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- Myself, Feelings, Being gentle
- Talents, Families, Home, Friends
- Challenges, Jobs, Help
- Healthy food, Physical activity, Sleep, Clean
- Family, Friendship
- Bodies, Fun, Fears











